## HOW IS GASTROENTERITIS TREATED? (Stomach Flu)





Rehydrating Yourself
(Water, Juices, Sports Drinks, Oral Rehydration Solutions)



Eating Healthy/Bland Food

In most people, stomach flu gets better without medical treatment.

See a doctor immediately if the symptoms last longer or you have bloody diarrhea or fever.

## Dr. Rahul Talele

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**GASTROCARE**